

Sample Menu 2020 Adult Day Care

Monday	Tuesday	Wednesday	Thursday	Friday
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				Chicken wild rice
				Caesar
				Noodles w/ground beef
4	5	6	7	8
Potato Soup	Mushroom Soup	Vegetarian Soup	Chicken noodle	Chicken w/rice
Cabbage Salad	Beans Salad	Garden Salad	Tomatoes with onion	Coleslaw Salad
Beef stroganoff	BBQ Chicken	Chicken Meatballs	Pilov	Chicken stroganoff
Pasta	Mashed Potatoes	Rice, Sauce		
11	12	13	14	15
Chicken noodle	Chicken wild rice	Potato Soup	Vegetarian Soup	Chicken noodle
Tomatoes with onion	Chef Salad	Caesar	Carrots Salad	Beans Salad
Fish	Staffed Pepper	Crapes with Meat	BBQ Chicken	Chicken Stew
		Mushroom Sauce	Rice	Rice
18	19	20	21	22
Tomato Soup	Squash soup	Chicken noodle	Pea Soup	Tomato Soup
Crab Salad	Cabbage Salad	Spring Mix	Cucumbers	Salsa
Cabbage Rolls	Chicken Meatballs	Sloppy Joes	Alfredo Chicken	Tacos
	Mashed Potatoes		Pasta	
25	26	27	28	29
Beans Soup	Soup w/meatballs	Chicken w/rice	Vegetarian Soup	Quinoa Soup
Cucumbers	Coleslaw	Cabbage Salad	Roasted Vegetables	Spring Mix
Beef Stew	Sloppy Joe's	Meatballs	Chicken stroganoff	Teriyaki Chicken
		Rice, Sauce	Mashed Potatoes	Rice